Did you know that we have a

British Masters Champion in our midst?

"Local resident Louise Kelly recently competed in both the British Masters indoor pentathlon championships and the British masters individual championships, winning gold in the pentathlon and so now holds the title of British masters pentathlon champion 2015 (W35 - 40) and got silver in the individual events of Shot putt and Pole vault.

Louise who competes for St Albans AC was always into athletics as a youngster and in particular the Heptathlon. She stopped for a few years after leaving school but then in her mid to late twenties she decided to try athletics again and a suggestion from one of the coaches led her to Pole Vault - she was up for a new challenge! Ever since then this has been her main event but she often fills in for St Albans in other events at athletics matches due to her having been a heptathlete at a younger age.

Masters athletics is open to anyone aged 35 or over and it’s never too late to give it a go or try something new. At St Albans AC they welcome all athletes of any age from 8 up to 108 so if you are interested check out their website www.stalbans-athletics.org.uk"
Always a welcome at
KINGSWOOD BAPTIST CHURCH
205 NORTH APPROACH

Please join us in our worship -
May 3rd “Messy Church”
All other Sundays
Morning Worship starts at
at 10.30am

Coffee Mornings
We raised £27.00 for DEMAND at our
March coffee morning

Next coffee morning May 28th 10.30 to noon

K.E.G. (Kingswood Evening Group)
Alternate Tuesday’s at 8pm
May 5th - Craft Evening with Sally Golder
May 19th - Gardening tips & Sale of plants
with Andy Boyce

Brownies Monday Evenings -
Contact Tracey 490982

The Toddler Group Tuesday Afternoons -
Contact Jane Robson 673441

Hiring of Premises - Sorina 07740 003753
Minister - Rev. Jane Robson 673441

Hiring of Kingswood Baptist Church

Sorry! In order for us to begin the difficult and time-consuming work of clearing out the church and hall to prepare for closure we have decided that it will not be possible to continue hiring out the premises for parties beyond the end of May. Therefore, the latest date for holding a party at the Church will be Sunday, 31 May, 2015.
EDITOR’s Corner

Welcome to the May issue of our newsletter

Congratulations must go to our front page member Louise Kelly for becoming the British Masters Pentathlon Champion, being good at just one event is hard enough but FIVE! Again I say “congratulations!”

No Lucky House Draw for April (memberships were collected instead) and no minutes, so Kingswood Baptist Church had page 2 all to itself.

For patients of the Sheepcot Medical Centre in Sheepcot Lane please do note their relocation details shown at the foot of page 4.

On the social front there are FOUR trips coming up. There are still a handful of places available for our forthcoming trip to the Cutty Sark at Greenwich (page 10). Also on page 10 are the full details of the Buckingham Palace trip which is scheduled for September 12th. Note the date change which had to be made to avoid clashing with the Eastbourne trip which takes place on August 15th, full details of which are shown on page 12 along with the information for our regular “Turkey and Tinsel” weekend commencing on the 6th of November. A busy time ahead for our social teams.

Finally on page 4 is the latest book review from our Kingswood Book Club, strange title but sounds like it was a really good read.

Well that’s all for now so until next month……..

Regards,
Ed.

A Tale of Welfare

There exists in the Stanborough area a welfare organisation operating out of the Seventh Day Adventist Church in St. Albans Road

The organisation, supervised by Mrs Pat Walton and Mrs Norma Lewis operate 2 separate divisions. One covering the London homeless via a soup run whilst the second assists families in the Watford/Hertsmere area with household needs.

The soup run service run with Pat and her team of (all faith) volunteers operate on Friday night, with weekly trips from September to June and deliver to the street dwelling men and women a selection of hot & cold drinks, fruit, etc., together with a variety of clothes, toiletries and underwear plus, subject to availability sleeping bags and blankets.

The second function overseen by Norma will be covered in the next newsletter.

Meanwhile if you have any surplus items of clothing suitable in men’s and women’s sizes that you can donate, please do contact 01923 672500 or deliver to the Welfare Office at the side of the Church.

Should you wish to volunteer to assist on these soup runs it involves about 4-5 hours on a Friday night, of your choice - then again please do contact 01923 672500

I can confirm from personal experience of working on the soup run that not all street dwellers are drunks or drug users and I have never ever felt threatened or afraid. In fact most of the people we have met have become friends and welcome the contact of people from a settled background.

Finally, do consider the quotation “Pass not judgement until you have walked a mile in his shoes”

John
A Short History of Tractors in Ukrainian

By Marina Lewycka

This is how the book opens:

'Two years after my mother died, my father fell in love with a glamorous blonde Ukrainian divorcée. He was eighty-four and she was thirty-six. She exploded into our lives like a fluffy pink grenade, churning up the murky water, bringing to the surface a sludge of sloughed-off memories, giving the family ghosts a kick up the backside.'

This novel concerns the family trauma and events which ensue after the above relationship starts.

The book is at times hilarious, moving, and informative (especially about tractors and 20th century Russian history).

The elderly father, Nikolai, is an ex-soviet engineer, who with his wife and two daughters, was a refugee after the Second World War, eventually settling in Peterborough.

As the story unfolds, we learn that the older daughter was a 'war baby' and remembers times spent in German labour camps. The younger daughter, narrating the story, was born in England, and has a very liberal, different view on life from her sister.

They have to work together to rid their father of the aforementioned 'gold-digger'. In this they unite and have to find common ground to sort out his tumultuous love-life.

The title comes from the fact that Nikolai retreats to write further chapters of his book about Ukrainian tractors when life gets too much for him!

We all really enjoyed this book. We loved the humour and banter between the characters. The story developed well, at a good pace. The style is an easy read, making it a recommended holiday book. However, don't think it is light and fluffy. It has plenty to say about the situation in Eastern Europe and the USSR during and just after WW2. Our only negative comment was that the ending was resolved surprisingly swiftly.

A Short History of Tractors in Ukrainian was first published in 2005; it was the winner of the Bollinger Everyman Prize for Comic Fiction 2005, and winner of the Saga Award for Wit 2005.
Dirty Days

hath September,
April, June and November.
February's days are quite all right,
It only rains from morn till night.
All the rest have thirty one
Without a blessed gleam of sun.
And if any of them had
Two and thirty,
They'd just as wet and just as dirty.

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The Hubble Space Telescope.

Twenty Five years ago the Hubble Space Telescope was launched into space by the Space Shuttle Discovery.

The story of Hubble though goes back to 1969 when the idea of a space telescope was conceived. Back in 1969 a report entitled “Scientific Uses of a Large Space Telescope which was approved, so the Space Telescope idea turned into the Hubble Project.

In 1975 the European Space Agency (ESA) joined in the project and the mirror size was agreed at 2.4 meters.

Two years later contracts were given to build Hubble, and to also grind the mirror.

In 1983 the telescope was officially christened Hubble after the Astronomer Edwin Hubble, the discoverer of the fact that the Universe was expanding.

After the launch the trials quickly discover that the images were blurred and that the mirror had been ground incorrectly, but astronomers carried on using the telescope while a solution could be found to correct the faulty mirror.

Among the discoveries of 1992 were planet forming discs in the Orion nebula and a start was made to work out why the universe was expanding.

1993 saw a service mission to try and fix the problematic mirror, which was successful.

In 1994 astronomers observed in detail the 21 fragments of the comet Shoemaker-levy plough into Jupiter and Hubble also observed that the atmosphere of the planet Uranus was very active.

In 1995 Hubble took what was probably its most iconic picture namely the Pillars of Creation in the Eagle nebula.

Nearer to home four new tiny moons were found in orbit around Saturn, and it also produced a vague first image of the surface of Pluto.

The three main discoveries of 1997 after the second service mission were the images of two merging galaxies, the most luminous star ever, called the Pistol Star and lastly the confirmation that supermassive black holes lurk at the centre of all large galaxies.

1998 was mainly dedicated to looking back in time to the birth of our universe and Hubble found galaxies that dated back to 12 billion years, 1.8 billion years after the big bang.

Again nearer to home Hubble observed Aurorae at the poles of Jupiter and Saturn.

There were two further servicing missions in 1999 and 2002 to replace worn out gyroscopes and also replaced the solar panels which were by now wearing out.

In 2003 observations were made of Exoplanets and a planet thought to be 13 billion years old was found.

Up to 2008 Hubble carried on spotting various things like new moons and rings around our solar system planets and it also made its 100,000 orbit of Earth. This year it found evidence of dark matter in the universe.

2009 saw the final service mission when all the gyros were replaced and it is hoped that the telescope will now run until 2018 when new types of specialised telescopes will be launched.

Meanwhile Hubble will be scanning the Kuiper Belt for interesting new bodies that the Pluto New Horizons space probe can investigate after leaving Pluto later this year.

No doubt in the coming 3 years Hubble will discover and observe many more things before it returns to Earth in its own fireball.

Pat.
Kingwood was full of excitement before the Easter Holidays as we had some special visitors delivered from ‘Living Eggs.’ We had 11 chicks hatch in total and the children were wonderful in caring for them over their two week stay.

The children learnt all about the life cycle of a chicken and were in awe and wonder as the chicks hatched out of their shells.

The children were fascinated as they each got to hold a new born fluffy chick.

We are looking forward to more exciting adventures at Kingswood. If your son or daughter needs a place for September come and see all we have to offer!
Visit to the Majestic Buckingham Palace and tour Queens Elizabeth 2\textsuperscript{nd} royal House

Saturday 12\textsuperscript{th} September 2015

Buckingham Palace founded in 1837 has served as the official residence of the British Monarchy, and is the working headquarters of the Monarchy where the Queen carries out her official ceremonial duties as head of state of the UK and as head of the Commonwealth. The 19 State rooms are regularly used by our Royal family to entertain guests on their State ceremonial and official visits to the United Kingdom. There are 775 rooms in the palace, and 78 bathrooms.

The State rooms house many great treasures, paintings, sculptures, and some of the finest English and French furniture in the world. For 2015 only, a multimedia tour entitled A Royal Welcome is included also a free audio guide by Prince Charles as you tour throughout the State rooms. The tour takes approx 2.30mins, then you can plan the rest of your day, for example close by, are Green and St James parks, slightly further is St James Palace, Churchill’s War rooms, Westminster Abbey and Houses of Parliament, and the London Eye. There are refreshments available for coffee, tea, food etc near reception in the Garden Café.

For the Queens Gallery you can purchase tickets for a separate tour on the day from reception near the entrance. Seniors £9.20 children £5.20, also the Gallery shop offers a wide range of exclusive gift items, works of art etc, many of which are displayed in the State rooms.

Should you just want to spend a day out in London, then for £10 you can use the coach to do your own thing.

**Cost of this daytrip:**
Senior Citizens £23.50 - Adults £26.00,- Non Residents £29.00- Child under 17 £20.50
**Coach only £10.**

Please indicate number and type of tickets required (cheques made payable to KRA.)

Name and Address ..........................................................

Phone number ...........................................

The coach will depart from Greenwood Drive prompt at 0900am

Please return completed forms and monies to: Ken Emmons 23 Ellwood Gardens (Tel 09123 672139)

**CUTTY SARK day trip—9th MAY** A few tickets still remain

There are still a small number of tickets left for this day trip, so if you’re interested contact Ken Emmons on 01923 672139.

Costs are as follows:
KRA adults £22.00 KRA Seniors £19.00 Adult non-members £24.00 Under 16’s £11.00

**OR** if you just want a have a day out in London doing your own thing then a COACH ONLY ticket is available for just £10.00
Kingsway Infant School
Where Learning is Fun

Easter Fair
We held an Easter Fair and invited all our families and friends. The children enjoyed an Easter Egg Tombola, Face Paints and Name the Easter Bunny. All proceeds are being put towards buying iPads for the children.

Verse Speaking Competition
Our Verse Speaking Competition took place in April. Each year group were given a different verse to learn. Parents joined us for the final and Mrs Jackson from Kingswood Early Years Centre helped with the judging.

St. George’s Day
We celebrated St. George’s Day by wearing something red and white and enjoying a traditional English lunch of fish and chips followed by apple crumble and ice cream served by our school cook. The celebrations were continued the next day with a fantastic Rule Britannia Music Workshop.

Follow us on twitter @kingswayinfants

Summer Fair - Saturday 13th June 2015 - all welcome
SATURDAY AUGUST 15TH 2015 - EASTBOURNE DAY OUT

HI EVERYONE! Due to popular demand, we are returning to EASTBOUNE AIR SHOW which is held on the seafront!

I have arranged a coach to take us and the pickup time from Kingswood shops will be 8am and we will leave EASTBOUNE at approx 5pm (pending weather).

IN the past it’s been a great day out and maybe this year we will be sitting on DECKCHAIRS!!

If you would like to join us the cost is as follows:

- Adult members £10 each
- Under 16 years members ....FREE
- Adult non members ..£15.00 each
- Non member under 16 years ...£7.00 each

Seats are limited on the coach to 48 so please make sure you book your seat ASAP!

Please return the slip below along with a cheque payable to KRA

Regards, Karen

REF: EASTBOURNE AIR SHOW - Saturday August 15th 2015

Please reserve me the following tickets:

- Adult member qty...............@£10.00 ea
- Under 16 years qty.....free
- Adult non member qty...............@£15.00 ea
- Under 16 years qty.......@£7.00 ea

Please return this slip to Karen @ 1 briar road ASAP - 07715 443182

K.R.A. FESTIVE SPARKLE WEEKEND

The DE PARIS HOTEL CROMER - 6th NOVEMBER 2015

The De Paris Hotel is directly overlooking the pier and beach. And close to the shops and historic parish church. Our “Festive Sparkle” weekend departs on a Friday and returns on a Monday and include 3 nights ’ dinner room and full English breakfast with festive Christmas menus, entertainment on two evenings plus a day excursion on Saturday and Sunday lunch.

Cost is only £149.00 per person

If interested please return the slip below with a deposit only of £40 (and insurance if required) AS SOON AS POSSIBLE to Lyn O’Brien 39 Meadow Road tel: 371949.

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DEPOSIT. £40. per person..........................Sea view £16 per person..........................
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